PASTAS

For those feeling somewhat Italian...

SEAFOOD TAGLIATELLE (enjoy with Sawrignon Blanc) **150** mussels, prawn-meat, mushrooms and calamari served in a creamy or napolitano sauce

ALFREDO (enjoy with Sauvignon Blanc) 135

ham, mushrooms and tagliatelle served in a creamy or napolitano sauce

CHICKEN & MUSHROOM PENNE 135

(enjoy with Chardonnay) pan fried chicken strips and mushrooms served in a creamy or napolitano sauce

LAMB RAGU (enjoy with Merlot)

slow cooked pulled leg of lamb served on creamy tagliatelle

MONGOLIAN STEAK TAGLIATELLE 155

(enjoy with Syrah)
prepared in a sticky sweet savoury soy sauce,
served on tagliatelle

VEGETARIAN

Vegetarian mains... for those who abstain from eating anything that used to move....

VEGETARIAN BURGER 95

Vegetarian Pattie with garnish and chips

WEGETARIAN PLATTER 145

creamed spinach, crumbed mushrooms, french fries, olives, feta cheese, tomatoes, cucumber, hummus, tortillas, crumbed halloumi and pickled onions.

MUSHROOM AND BASIL PENNE 125

creamy white wine sauce or Napolitano sauce with mushrooms, tomato, spinach and basil

TRADITIONAL

Traditional South African. Enjoy with any Red Wine, to be daring try something from our Captains List.

OXTAIL served with rice and vegetables

VENISON STEAK 210 served with mash and vegetables

BOBOTIE 145

served with rice, salsa and a poppadom

CURRY TRIPE
served with rice and vegetables

ANCHORS AWEIGH

A great way to start the voyage...

SEAFOOD ----

SEAFOOD SOUP served with ciabatta 85

PRAWN AU GRATIN

95

prawn meat served in a creamy garlic sauce baked with cheese

CREAMY GARLIC MUSSELS

85

90

150

89

95

80

mussels in a creamy garlic white wine sauce

CALAMARI (add squid heads for 70)

deep fried calamari strips served on rice
*grilled calamari is served in a feta & cream sauce

OYSTERS served the traditional way

MEAT -

ESCARGOT
(no, we did not catch them in the garden)

snails with your choice of creamy garlic sauce or garlic butter sauce

CREAMY BILTONG SOUP served with ciabatta 85
CHICKEN JALAPENO POPPERS 70
CHICKEN LIVER PATTE & MELBA TOAST 75

CURRY TRIPE served with ciabatta

ES-KALAHARI-GOT 90

(if you're not into ocean shell animals)
skilpadjies served on mashed potatoes and relish

BONE MARROW

served with pulled beef, butter and rosemary bruschetta

VEGETARIAN —

CIABATTA baked with garlic butter and cheese
CIABATTA served with butter and dippers
CRUMBED BUTTONS
75



Our signature dishes - look out for the anchor icon

SALADS

| 77 . | . 7 | | - | | 7 7 | 1 |
|-------|------|-----|----|-----|-----|-----|
| Enjoy | with | anv | of | our | bl | ena |

LIGHTHOUSE SALAD

120

a fresh green salad with tomato, cucumber, croûtons onions, feta, olives & salad dressing

GRILLED CHICKEN SALAD

130

145

115

a fresh green salad with tomato, cucumber, onions, croûtons, grilled chicken strips, peppadews and a mustard vinaigrette

HALLOUMI & FIG SALAD

a fresh green salad with tomato, cucumber, onions, deep-fried halloumi and green figs

SEAFOOD SALAD (enjoy with Rosé)

150

a fresh chopped green salad with shrimps, grilled calamari and prawns served with our seafood sauce

SPRINGBOK / CROCODILE CARPACCIO

Can also be enjoyed as a starter

FOR THE KIDS

Only kids 12 and under...

| HAKE or CALAMARI & CHIPS | 85 |
|---|----|
| CHICKEN STRIPS & CHIPS | 75 |
| RIBS & CHIPS | 80 |
| HAM & CHEESE PIZZA SLICES | 75 |
| MAC N CHEESE | 65 |
| PRAWNS served on savoury rice & chips | 95 |
| COLD DRINKS | 25 |
| FRUIT JUICES | 30 |
| MILKSHAKES | 40 |
| Chocolate / Strawberry / Lime / Vanilla / Banana / Bubblegum / Coffee / Peanut Butter / Oreo | |
| ICE CDEAM with Chocolate / Berry sauce | 35 |

SEAFRONT RESTAURANT

Owners Fred & Nadine, welcome you!

PLEASE NOTE * Service fee may be added. * Subject to availability

- * All our food is prepared the traditional South African way *No split bills
- * Changes to the menu will result in an extra 20 minute delay to your order
- * Ask your waiter about our black board specials

CAPTAIN VAN DIJK HORST CHOICE

Fresh from the sea, you can't go wrong... Enjoy with Chenin Blanc or Sauvignon Blanc

HALF 105 FULL 135 HAKE

fresh hake fried or grilled to perfection

LINEFISH OF THE DAY 220G - 250g **185**

grilled with lemon butter or garlic butter

220G - 250g **160** CALAMARI

served on savoury rice

*grilled calamari is served in a creamy feta sauce

BABY KINGKLIP SO

(subject to availability)

grilled on the bone, prepared in lemon butter or garlic butter

SOLE SO

(subject to availability)

grilled on the bone, prepared in lemon butter or garlic butter

GRILLED PRAWNS 400G - 500g **225**

grilled to perfection and served on a bed of rice prepared in lemon butter / garlic butter / peri-peri sauce / secret sauce

CAPTAINS PLATTER (serves 2) 590

hake, line fish, prawns, calamari deep-fried and grilled, mussels, creamy and tomato based, squid heads and crab-claws

(Add crayfish tails SQ)

SAUCES

Tartare / Garlic Butter / Lemon Butter / Sweet Chilli / 30 Strong Chilli/Chutney/Vinaigrette

* Make it Naked. ask your waiter

*The above served with vegetables and a choice of starch, (chips, rice, mash or baked potato) or just salad

THAI SEAFOOD POT (enjoy with Pinotage Rosé or Semi-Sweet)

155

fish, mussels, prawns & calamari cooked in a mild thai curry paste served with rice and a poppadom

BLACK POT MUSSELS

150

mussels in a creamy garlic white wine sauce served with fresh lemons, savoury rice and ciabatta slices

PAELLA MIXTA

(enjoy with Pinotage Rosé, Riesling or Viognier)

140

a Spanish style dish made with rice, chicken breast, calamari chorizo, peas, mussels, onion, garlic, prawns and some secret ingredients

Be daring and try this with a wine from our Captains list

MARINERS CHOICE

Enjoy with any of our blends

150 YAWL BOWL

hake goujons, chicken goujon, calamari, onion rings, fish samoosas and chips

FEAST PLATTER

275

hake goujons, calamari, creamy mussels, ribs, chicken goujons, crumbed mushrooms, fish samoosas, onion rings, chips and rice

SEAFOOD PLATTER

350

prawns, hake goujons, calamari, squid heads, creamy mussels, fish samoosas, onion rings, chips and rice

COMBINATIONS:

165 Hake, Calamari on Rice & Chips 175 Line Fish of the Day, Calamari on Rice & Chips 180 Kingklip Fillet, Calamari on Rice & Chips 225 Hake, Prawns, Calamari on Rice & Chips

ADD ON—

CREAMY MUSSELS 60 SOLE SO KINGKLIP SQ **PRAWNS CHICKEN STRIPS** 70 100G **70 CALAMARI** RIBS 200G **80 SQUID HEADS** 100G **70** CHIPS / RICE 25 HAKE 100G **75** 150G 110 CRAYFISH TAILS SQ LINE FISH

SIDE ORDERS

| STARCH | 40 |
|--|----|
| Potato Fries / Baked / Mash / Wedges or Rice | |
| VEGETABLES IN SEASON | 40 |
| CREAMED SPINACH | 45 |
| ONION RINGS | 35 |
| SALAD | 50 |
| CHEESE / BACON / EGGS | |
| EXTRA Bread / Butter / Lemon Wedges / Tartare | |
| | |

LANDLUBBER'S LUCK

cool red centre MR: warm red centre with a bint of pink

MW: very little or no pink in centre WD: no pink, cooked all the way through

warm pink centre

RUMP 300G **175** 200G **145** 500G **225** 300G **230** FILLET 200G **185** 500G **360** RIBEYE 200G **180** 300G **210** 500G **345** T-BONE 500G **240**

SURF & TURF

215

45

155

steak, calamari and creamy mussels

TOP-UP YOUR STEAK:

Creamy Snails 45 / Prawn Thermidor 50 / Bone Marrow 50 / Prawn 80

SAUCES

Mushroom / Barbeque / Cheese / Brandy Pepper / Creamy Garlic / Chilli Cheese / Biltong / Thermidor

* Make it Naked. ask your waiter

500G **175** RIBS (PORK)

155 **EISBEIN**

served with mash and vegetables

150 **CORDON BLEU**

chicken fillet filled with ham and cheese, deep fried, with a cheese sauce

155 **CHICKEN AND PRAWN CURRY**

served with rice, sambals and a fried poppadom

LEMON CHICKEN pan fried chicken fillets stack with cream spinach

& feta cheese

CHICKEN SCHNITZEL HALF 100 FULL 140 chicken fillet crumbed and pan fried

(add Parmigiana for balf 35 full 45)

125 HANDS ON DECK BURGER

beef burger topped with bacon and cheese served with mushroom sauce, onion rings and chips

* Make it Naked. ask your waiter

*The above served with vegetables and a choice of starch, (chips, rice, mash or baked potato) or just salad